



Prayer of Spiritual Communion

St. Alphonsus Liguori

My Jesus, I believe that you are truly present in the Most Blessed Sacrament. I love you above all things and desire you in my soul. Since I cannot receive you sacramentally now, come at least spiritually into my heart. As you have already come, I embrace you and with all my being unite myself with you; never let me be separated from you.

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